

THE HEADACHE CLINIC

DR SHEVEL AND STAFF

I HAVE HAD HEADACHES SINCE I WAS A PRIMARY SCHOOL LEARNER AS I WAS A CHILD, COULD NOT TAKE HEED OF THESE UNTIL I WAS AN ADULT. USED TO BLEED BUT THINKING THAT THIS WILL HELP ME HEAL. I REALLY DO NOT KNOW FOR HOW MANY YEARS DID I HAVE THESE HEADACHES. AROUND 1993 I HEARD OF A HEADACHE CLINIC BUT COULD NOT VISIT THE CLINIC BECAUSE I WAS THINKING THAT - I CAN NEVER GET CURED

ONLY AFTER HAVING GOT MARRIED AND MY KIDS I REALISED THAT THESE FOUR PEOPLE (HUSBAND AND KIDS) DO REALLY NEED ME AS A MOTHER AND WIFE. IT WAS THE TIME THAT MY HEADACHES WERE NOW OUT OF CONTROL. I WILL SPEND MY TIME IN THE DARK ROOM, MY HEAD UNDER THE PILLOW, LISTENING TO THIS POUNDING HEADACHE. SOMEWHERE IN 2006 MY MOTHER TOLD ME TO VISIT THE HEADACHE CLINIC GIVING ALL THE REASONS AND INCLUDING THAT THE MEDICATIONS ADMINISTERED WERE NO LONGER DOING ME ANY GOOD. I GATHERED MY COURAGE AND VISITED THE CLINIC. I CANNOT STOP TELLING PEOPLE TO VISIT THE HEADACHE CLINIC AS IT IS WHERE THEY CAN FIND HELP.

I MET A VERY LOVING STAFF THERE, GOOD AND CARING DOCTORS SHEVEL + ORELOWITZ AND OTHERS WHO HELPED ME A LOT MY MOLARS OR PREMOLARS WERE TAKEN OUT AS PART OF A HEALING PROCES AND WAS ALSO GIVEN THE PLATES WHICH ARE ALWAYS IN MY MOUTH. MY HEADACHES ARE GONE NOW.

THANK YOU ALL, DR SHEVEL, DR ORELOWITZ AND STAFF, GOD BLESS MOWETSAHE THANDI.