

2010/06/17

Dear Headache Clinic.

For the past two years I have had severe headaches. This year it became so bad that constantly in pain and the medication prescribed was no longer working.

My mother went onto the Internet in search of a solution for my migraines. On the health 24 website they listed the headache clinic and my mother made an appointment for me on 13 April 2010. I was diagnosed with tension type headaches and they told me that a PMA would solve the problem.

I was very sceptical about the PMA because nothing ever worked for me, but my mother was so desperate to help me that she brought me back to have the PMA fitted. I got the plate on the 21st of April and immediately it felt as if my muscles had a good massage as I felt relaxed.

Since then I have had only two migraines ^{used} before I could get out of bed, and I'm only 18 years old. My dad ~~used~~ ^{used} to think that I was lazy and un fit and that's why I got headaches but now he can see it was actually because I really had severe headaches. I want to say thank you to the team ^{who} ~~you~~ changed my life for the better.

LOTS OF LOVE: From a very happy Chantelle Kitchenbrand

