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Dear Dr. E Shevel,

This testimonial is my way of thanking you from the bottom of my heart. I have been a migraine sufferer since the age of 14 and I did not know that it would continue to grow worse through the stages of my life causing me years of hell, not to mention all the medicines, injections and all the experiments that I have tried. The migraines escalated to twice a week and I am 58 years of age now. I use to get extremely depressed and had thoughts of giving up at times, as I felt I had no way of fighting it. THIS WAS NO WAY OF LIFE. I tried eating correctly, such as excluding chocolate, coffee and fatty foods from my diet but this did not help. The migraines started affecting my husband, because he use to think that I used them as an excuse. It also affected my family as I became a hermit. I then saw your article in the YOU magazine and Viola! I was given the different treatment methods and then took the decision on your advice to have the operation done. I did experience a bit of pain after the operation but this did not in anyway compare to the pain, migraines and side effects that the medicines use to give me, such as IBS, stomach ulcers and the problems that I had with my kidneys.

My husband, family and friends have all commented on how I look so much better and not as pale as I use too, even my pharmacist is overawed and will send people to you. This letter mentions it all. NO MORE MIGRAINES OR EVEN SMALL HEADACHES.

Once again Dr. Shevel, thank you and God bless.

Anybody who wishes to contact me personally is welcome to do so, preferably in the evenings between 6:30 and 8:30

Kind Regards,
Karen Desmarais