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I started having terrible headaches from as early as 11 years ~~of~~ of age. And it they went on well into my late teenage years. and in inbetween, I tried everything from neck manipulations to chronic medication, but nothing seemed to help. The headaches restricted me from extramural activities and academic progress.

I learnt about the headache clinic through an advertisement, and I decided to contact them. Since I started the sessions with the headache clinic, my headaches are almost non-existent. from headaches almost every <sup>day</sup> before my headache clinic sessions to just less than three times in a month after my consultations.

The headache clinic has helped me tremendously, their staff and service is of high quality. All I can say is thank to the headache clinic.

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