

To all the headache clinic team,

Thank you all for the support and dedication, I came to the clinic end of October having severe headaches and was unable to lift my head at times, I was so miserable and the people around me and those who love me had already lost hope because they were watching me everyday suffering.

My physician and GP also couldn't help till I meet a friend who knew about the headache clinic, I made an appointment and then I was examined and was treated with physiotherapy and PMA. Having lost hope I took a step of faith, and as days went by I got better and stronger. I am now much better and the last time I had a headache was in December 2010. I am now recommending the clinic to the people who suffer from headaches.

From the nurses counseling I have learnt not to strain my muscle stressing, I appreciate everything...

Thank you all so much...

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