

MISS G.J. VAN WYK
30 TERMAIN COURT
EASTLEIGH
1610
7 MARCH 2002

THE HEADACHE CLINIC
PARK LANE

TO WHOM IT MAY CONCERN.

I FEEL THAT I HAVE TO WRITE A FEW LINES TO EXPRESS HOW
GRATEFUL I AM THAT YOU HELPED ME WITH MY PROBLEM.
IN SEPTEMBER 1999 I STARTED HAVING THE MOST UNBEARABLE
SEVERE HEADACHES. THERE WAS HARDLY A DAY THAT PASSED THAT
I DID NOT HAVE A HEADACHE. I TOOK PAIN KILLERS, I CRIED,
BECAME IRRITABLE, AND USED TO BATH IN THE DARK, AND LIE
DOWN IN THE DARK. MY EYES USED TO WATER.

THE PAIN USED TO FEEL LIKE AN ALICE BAND THAT WAS TIGHTLY
WEDGED ON MY SKULL, ACCOMPANIED BY A SHARP PAIN NEXT TO OR
BEHIND MY EYE, AND SOMETIMES IN THE BACK OF MY HEAD ALMOST
INTO THE NECK.

IN SEPTEMBER 2000 I WENT TO THE JOHANNESBURG GENERAL
HOSPITAL WHERE I HAD BLOOD SAMPLES TAKEN FROM ME. I HAD A
CAT SCAN, AND WAS TOLD THAT MY PROBLEM WAS STRESS RELATED.
I WAS GIVEN TABLETS BUT NOTHING HELPED.

I LIVED WITH THIS PAIN FOR ANOTHER FULL YEAR, THEN I WAS
TOLD BY MY COUSIN THAT I SHOULD CONTACT "THE HEADACHE
CLINIC". I WAS GIVEN AN APPOINTMENT THE NEXT DAY.
OF MY MOUTH, NECK AND TIRE, AND SOME TESTS ON ME. TOOK XRAYS
MUSCLES ON MY LEFT HAND SIDE WAS WEAK DIRECTLY RELATED TO
EPILEPSY.

I WAS GIVEN A DEVICE THAT I HAD TO WEAR IN MY MOUTH
AGAINST MY PELLET FOR TWO WEEKS. I WAS AMAZED MY HEADACHES
WERE GONE. TODAY I STILL GET THE OCCASSIONAL NORMAL
HEADACHE, BUT NEVER THE SAME AS BEFORE.
AGAIN THANK YOU VERY MUCH FOR YOUR HELP.